First Aid Kit Checklist

☐ Fingertip band-aids
☐ Knuckle band-aids
☐ Extra large band-aids
☐ 1" band-aids
☐ Sterile gauze sponges 2", 3", 4"
☐ Disposable non-sterile latex gloves or latex free gloves
□ Adhesive tape – 1", 1/2"
□ 2" x 3" non-stick pads
□ 3" x 4" non-stick pads
□ 2" x 6 yds non-sterile gauze
☐ Ammonia Inhalants
☐ Scissors
☐ Instant cold packs.
☐ CPRotector (the personal protector device used when
performing mouth to mouth breathing during CPR)
For more information see the "Recommended First Aid Kit"
page in the CNS Emergency Action Plan